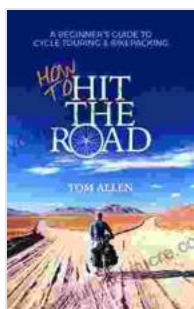


The Beginner's Guide to Cycle Touring Bikepacking

Cycle touring bikepacking is an amazing way to explore the world on two wheels. It's a great way to see new places, meet new people, and get some exercise. But it can also be a daunting task, especially if you're a beginner.



How To Hit The Road: A Beginner's Guide To Cycle Touring & Bikepacking by Tom Allen

★★★★☆ 4.4 out of 5

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Screen Reader : Supported
Enhanced typesetting : Enabled
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This guide will teach you everything you need to know to get started with cycle touring bikepacking. We'll cover everything from choosing the right bike to packing your gear.

Choosing the Right Bike

The first step in cycle touring bikepacking is choosing the right bike. There are a few things to consider when choosing a bike:

- **Frame material:** Steel is the most common frame material for touring bikes because it's strong and durable. Aluminum is another good option, as it's lighter than steel. Titanium is the lightest and most expensive frame material, but it's also the most durable.
- **Wheel size:** 700c wheels are the most common size for touring bikes. They're a good all-around size that provides a good balance of speed and stability. 26-inch wheels are also a good option for touring, as they're more durable than 700c wheels.
- **Gearing:** Touring bikes typically have a wide range of gears to help you climb hills and ride on different terrain. A triple chainring is a good option for touring, as it gives you a wide range of gears to choose from.
- **Brakes:** Disc brakes are the best option for touring bikes because they provide superior stopping power in all conditions. Rim brakes are also a good option, but they're not as powerful as disc brakes.

Packing Your Gear

Once you've chosen a bike, it's time to start packing your gear. Here are a few tips for packing your gear for a cycle touring bikepacking trip:

- **Start by making a list of everything you need to bring.** This will help you stay organized and make sure you don't forget anything important.
- **Pack light.** The less you bring, the easier it will be to ride. Try to pack only the essentials.

- **Use compression sacks to save space.** Compression sacks can help you reduce the size of your gear by up to 50%. This will make it easier to pack your gear and make your bike more manageable.
- **Pack your gear in a way that makes it easy to access.** You don't want to have to dig through your bags every time you need something.
- **Consider using a bike trailer or panniers.** Bike trailers and panniers can help you carry more gear, but they can also add weight and drag to your bike.

Planning Your Trip

Once you've packed your gear, it's time to start planning your trip. Here are a few things to consider when planning a cycle touring bikepacking trip:

- **Choose a route.** There are many different cycle touring routes to choose from. Do some research to find a route that fits your interests and abilities.
- **Book your accommodations.** If you're planning on staying in hotels or motels, it's a good idea to book your accommodations in advance. This will help you avoid any surprises.
- **Plan your meals.** Food is an important part of any cycle touring bikepacking trip. Make sure you plan your meals in advance so that you have enough food to keep you going.
- **Be prepared for the weather.** The weather can change quickly on a cycle touring bikepacking trip. Make sure you pack clothing for all types of weather.

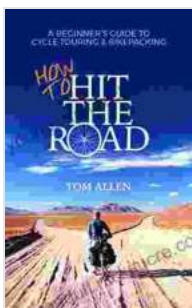
- **Tell someone your plans.** It's always a good idea to tell someone your plans before you go on a cycle touring bikepacking trip. This way, someone will know where you are and when you expect to return.

Riding Your Bike

Once you've planned your trip, it's time to start riding your bike. Here are a few tips for riding your bike on a cycle touring bikepacking trip:

- **Start slowly.** Don't try to do too much too soon. Start with shorter rides and gradually increase the distance and difficulty of your rides.
- **Listen to your body.** If you're feeling tired, take a break. Don't push yourself too hard.
- **Be aware of your surroundings.** Pay attention to the traffic around you and be aware of any hazards.
- **Have fun.** Cycle touring bikepacking is an amazing way to see the world and have some fun. Make sure you enjoy the experience.

Cycle touring bikepacking is an amazing way to explore the world on two wheels. It's a great way to see new places, meet new people, and get some exercise. If you're thinking about going on a cycle touring bikepacking trip, I encourage you to do it. It's an experience that you'll never forget.



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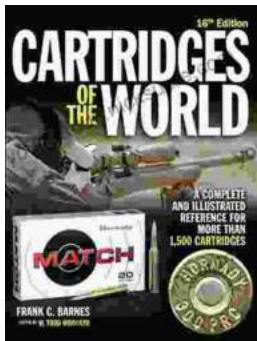
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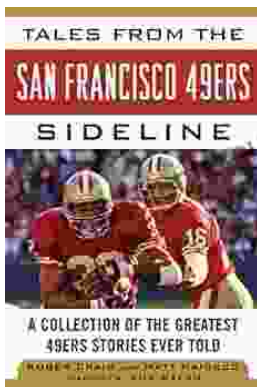
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