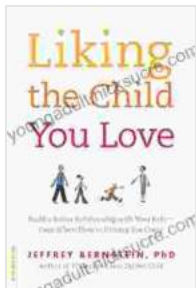


# Liking the Child You Love: A Comprehensive Guide for Parents

Being a parent is one of the most rewarding experiences in life. But it can also be challenging, especially when you're struggling to like the child you love.



## Liking the Child You Love: Build a Better Relationship with Your Kids -- Even When They're Driving You Crazy

by Jeffrey Bernstein

★★★★☆ 4.4 out of 5

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File size : 1193 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 273 pages



If you're finding yourself in this situation, you're not alone. Many parents go through periods of time when they don't feel particularly close to their children. This is especially common during the teenage years, when children are going through a lot of changes and can be difficult to relate to.

However, it's important to remember that even though you may not always like your child, you love them unconditionally. And there are things you can do to improve your relationship with them.

## **Understanding Your Child's Unique Personality**

The first step to liking your child is to understand their unique personality. Every child is different, and it's important to appreciate their individuality.

Take some time to learn about your child's interests, strengths, and weaknesses. What makes them laugh? What are they passionate about? What are their dreams and aspirations?

Once you have a better understanding of your child, you'll be better able to connect with them on a personal level.

## **Setting Realistic Expectations**

Another important step to liking your child is to set realistic expectations.

Don't expect your child to be perfect. Everyone makes mistakes, and children are no exception. Instead of focusing on their flaws, focus on their strengths.

Also, don't compare your child to other children. Every child develops at their own pace. Just because your child isn't as advanced as another child their age doesn't mean there's anything wrong with them.

## **Fostering a Positive Relationship**

The best way to like your child is to foster a positive relationship with them.

Here are a few tips:

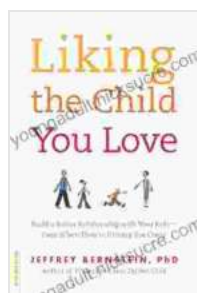
- Spend time with your child. This doesn't have to be a lot of time, but it should be quality time. Put away your phone and really focus on your

child.

- Listen to your child. Let them talk about their day, their interests, and their concerns. Don't interrupt them or try to change the subject.
- Be supportive of your child. Let them know that you're there for them, no matter what. Encourage them to pursue their dreams and aspirations.
- Discipline your child in a positive way. When your child misbehaves, don't resort to physical punishment or harsh words. Instead, use positive discipline techniques that teach them right from wrong.
- Show your child love and affection. Hug them, kiss them, and tell them you love them. Physical contact is a powerful way to express your love and affection.

Liking your child is not always easy, but it's essential for a healthy parent-child relationship.

By understanding your child's unique personality, setting realistic expectations, and fostering a positive relationship, you can create a strong bond with your child that will last a lifetime.



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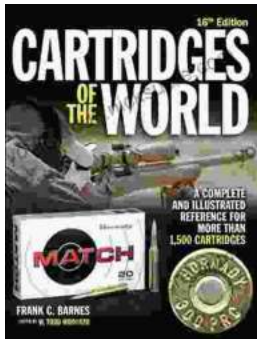
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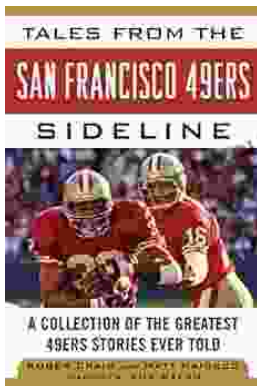
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