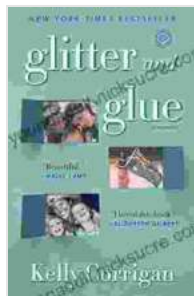


# Glitter and Glue: A Memoir by Kelly Corrigan: A Journey of Loss, Grief, and the Bonds that Define Us

Kelly Corrigan's memoir, *Glitter and Glue*, is a beautifully written and deeply moving account of her experiences of loss, grief, and the power of human connection. The book's title is inspired by a line from Corrigan's grandmother, who once told her that "life is like glitter and glue." The glitter, she explained, represents the happy and sparkly moments, while the glue represents the challenges and heartaches that we must face.



## Glitter and Glue: A Memoir by Kelly Corrigan

★★★★☆ 4.5 out of 5

Language	: English
File size	: 3050 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
X-Ray	: Enabled
Word Wise	: Enabled
Print length	: 258 pages



Corrigan's memoir begins with the death of her mother from cancer. She then goes on to recount the loss of her husband, Mark, to a sudden heart attack, and the death of her best friend, Cheryl, from breast cancer. These experiences of loss are devastating for Corrigan, and she struggles to make sense of her life in the aftermath.

However, through the support of her family and friends, and through the memories of her loved ones, Corrigan gradually begins to heal. She learns that grief is a process, and that it is possible to find joy and meaning even in the darkest of times.

Glitter and Glue is a deeply personal and moving memoir that explores the universal themes of loss, grief, and the bonds that define us. Corrigan's writing is both raw and honest, and she does not shy away from the difficult emotions that she experienced. However, the memoir is also full of hope and resilience, and it ultimately reminds us of the power of love and the importance of human connection.

## **Themes in Glitter and Glue**

Glitter and Glue explores a number of important themes, including:

- **Loss and grief:** Corrigan's memoir is a powerful exploration of the experience of losing loved ones. She writes about the pain of loss, the anger, and the sadness. However, she also writes about the hope and healing that can come through grief.
- **The power of human connection:** Corrigan's memoir is a testament to the power of human connection. She writes about the importance of family and friends, and how their love and support can help us through difficult times.
- **Resilience:** Corrigan's memoir is a story of resilience. She writes about how she found the strength to go on after losing her loved ones. She also writes about the importance of finding meaning and purpose in life, even in the face of adversity.

## Critical Reception

Glitter and Glue has received critical acclaim. The book was a New York Times bestseller, and it has been praised for its honest and moving portrayal of loss, grief, and the human experience.

A review in The New York Times called the book "a beautifully written and deeply moving memoir about loss, grief, and the power of human connection." A review in The Washington Post said that the book is "a must-read for anyone who has ever experienced loss."

## Personal Reflection

I recently had the opportunity to read Glitter and Glue, and I was deeply moved by Corrigan's story. I have also experienced the loss of loved ones, and I found Corrigan's insights into grief and healing to be very helpful.

I particularly appreciated Corrigan's emphasis on the power of human connection. She writes about how her family and friends helped her through her darkest days, and how their love and support gave her the strength to go on.

Glitter and Glue is a beautiful and inspiring memoir that reminds us of the importance of love, connection, and resilience. I highly recommend this book to anyone who has experienced loss, or who is interested in learning more about the human experience.

### **Glitter and Glue: A Memoir** by Kelly Corrigan

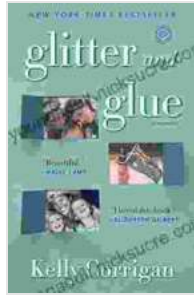
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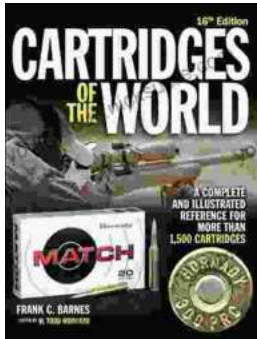
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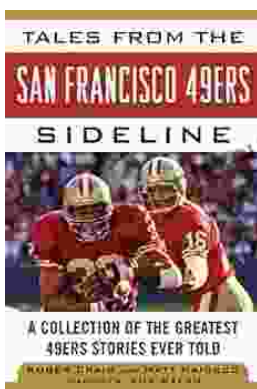


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