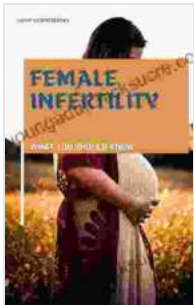


Female Infertility: What You Should Know

Infertility is a common problem affecting millions of couples worldwide. It is defined as the inability to conceive after one year of unprotected intercourse. Female infertility accounts for about half of all cases.



Female Infertility; What You Should Know

by Karen Elliott House

★★★★☆ 4.1 out of 5

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Screen Reader : Supported



There are many causes of female infertility, including:

- Hormonal imbalances
- Ovulation disorders
- Uterine abnormalities
- Pelvic inflammatory disease (PID)
- Endometriosis
- Polycystic ovary syndrome (PCOS)
- Premature ovarian failure
- Age

The most common cause of female infertility is ovulation disorders. Ovulation is the process by which an egg is released from the ovary. If ovulation does not occur, fertilization cannot take place.

Other causes of female infertility include:

- Uterine abnormalities: These abnormalities can prevent the implantation of a fertilized egg or the development of a pregnancy.
- Pelvic inflammatory disease (PID): This is an infection of the uterus, fallopian tubes, or ovaries. PID can damage the reproductive organs and make it difficult to conceive.
- Endometriosis: This is a condition in which the tissue that lines the uterus grows outside of the uterus. Endometriosis can cause pain, inflammation, and infertility.
- Polycystic ovary syndrome (PCOS): This is a hormonal disorder that can cause irregular periods, weight gain, and infertility.
- Premature ovarian failure: This is a condition in which the ovaries stop working before the age of 40. Premature ovarian failure can cause infertility.
- Age: Fertility naturally declines with age. Women over the age of 35 are more likely to experience infertility than younger women.

There are a number of tests that can be used to diagnose female infertility. These tests may include:

- Blood tests
- Pelvic exam

- Ultrasound
- Hysterosalpingography (HSG)
- Laparoscopy

Treatment options for female infertility vary depending on the underlying cause. Treatment options may include:

- Medication
- Surgery
- Assisted reproductive technologies (ART)

Medication can be used to treat hormonal imbalances and ovulation disorders. Surgery may be necessary to correct uterine abnormalities or to remove endometriosis. ART procedures can be used to help fertilize eggs or to implant embryos in the uterus.

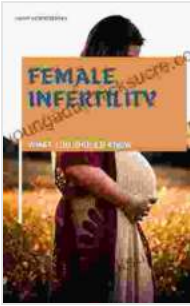
Infertility can be a difficult and stressful experience. However, there are many treatment options available to help women overcome infertility and achieve their dream of having a family.

Resources

- American Pregnancy Association
- Resolve: The National Infertility Association
- Centers for Disease Control and Prevention

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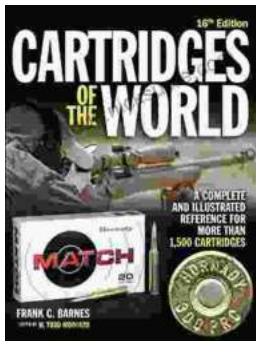
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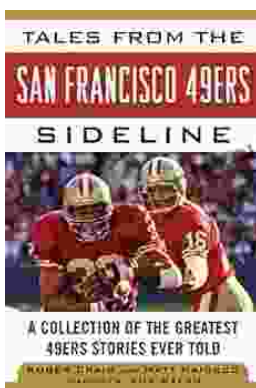
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